



Menú

Aperitivos

APPETIZERS

SURTIDO CAYO TIERRA /CAYO LAND ASSORTMENT

Kan Kan bites, Chicken cracklings, Mini Turengs (alcapurrias), Mini turnovers, Grilled sausage, french fries

\$32

EL CAYO TOSTONES RELLENOS MIXTOS /EL CAYO STUFFED TWICE FRIED PLANTAINS

Spicy crab, Shrimp, Octopus

\$25

SURTIDO CAYO MAR /CAYO MAR ASSORTMENT

Fish bites, Cod croquettes, Calamari, mini turnovers, mini flour fritters, Shrimp & Octopus

\$37

OTROS...

Camarones con coco / Coconut Shrimp	\$16
Spicy Crab (Montaditos)	\$12
Calamares Fritos / Fried Calamari	\$10
Chorizo al Vino / Sausage in Wine	\$22
Queso Frito / Fried Cheese	\$10
Kan Kan Bites / Kan Kan Bites	\$12
Mejillones / Mussels	\$12
Croquetas de Bacalao / Cod Fish Croquettes	\$12
Sorulllos de Maíz	\$10
Mini Alcapurrias	\$10
Cocktail de pulpo / Octopus Cocktail	\$20
Cocktail camarones / Shrimp Cocktail	\$15
Cocktail mixto / Mixed Cocktail (Pulpo & Camarones) (Octopus & Shrimp)	\$22



Aperitivos

APPETIZERS

TOSTONES RELLENOS

/ STUFFED TWICE FRIED GREEN PLANTAINS

Churrasco / Skirt Steak	\$22
Pollo / Chicken	\$14
Camarones / Shrimp	\$16
Pulpo / Octopus	\$20

AREPAS RELLENAS

/ STUFFED AREPA

Pulpo / Octopus	\$15
Camarones / Shrimp	\$12
Mixta (Pulpo & Camarones) / Mixed (Shrimp & Octopus)	\$16

SOPA DEL DÍA

/ SOUP OF THE DAY

Pregunte por nuestra sopa del día / Ask for
Soup of the day

PASTELILLOS

/ TURNOVERS

Carne / Beef	\$3.00
Pollo / Chicken	\$3.00
Chapín / Trunk fish	\$4.00
Langosta / Lobster	\$5.00
Pulpo / Octopus	\$3.50
Carrucho / Conch	\$5.00
Camarones / Shrimp	\$4.00
Jueyes / Land crabs	\$4.00



Pescado

FISH

Pescado Completo / Whole fish
 Frito, crema de ajo, criollo, mantequilla,
 al ajillo / fried, garlic cream sauce, tomato
 sauce, butter sauce, garlic sauce

*Por peso
 According
 to weight*

Filete de Pescado

FISH FILLETS

(crema de ajo, criollo, mantequilla,
 crema de Brandy, al ajillo)
 (garlic cream sauce, tomato sauce, butter sauce,
 Brandy cream sauce, garlic sauce)

Mero / Grouper	\$22
Chillo / Red Snapper	\$22
Dorado / Mahi - Mahi	\$24
Salmón / Salmon	\$24
Fish Tacos / Fish Tacos	\$22



Mofongo Relleno

STUFFED GREEN PLANTAINS

(crema de ajo, criollo, mantequilla, al ajillo)
 (cream of garlic, tomato sauce,
 butter sauce, garlic sauce)

Pulpo / Octopus	\$30
Carrucho / Conch	\$32
Camarones / Shrimp	\$24
Mixto / Mixed	\$35
Pescado / Fish	\$22
Pollo / Chicken	\$18
Churrasco / Skirt Steak	\$35
Vegetales / Vegetables	\$14
Langosta / Lobster	\$32

Mariscos

SEAFOOD

(ensalada, crema de ajo, criollo, mantequilla, al ajillo)
 (salad, garlic cream sauce, tomato sauce,
 butter sauce, garlic sauce)

Pulpo / Octopus	\$30
Carrucho / Conch	\$32
Camarones / Shrimp	\$24
Cambimbora (Mixed Sea Food)	\$35
Langosta / Lobster	\$32



Ensaladas SALADS

- | | |
|--|------|
| Caesar Salad / Caesar Salad | \$8 |
| Caesar Salad de Pollo
/ Chicken caesar salad | \$18 |
| Caesar Salad Churrasco
/ Skirt steak caesar salad | \$35 |

A la Parrilla GRILLED

- | | |
|--------------------------------------|---------------------------------------|
| Churrasco / Skirt Steak | \$35 |
| Costillas St. Louis / St. Louis Ribs | \$38 |
| Ribeye | \$35 |
| Chuleta de Cordero / Lamb Chop | \$38 |
| Pechuga de Pollo / Chicken Breast | \$18 |
| Tomahawk | <i>Por peso / According to weight</i> |
| T-Bone | \$30 |
| Langosta / Lobster | <i>Por peso / According to weight</i> |

Burgers

(carne o pollo) (beef or chicken)

- | | |
|---|------|
| Cayo Burger | \$16 |
| Cayo Burger Special
(Incluye camarones - with shrimps) | \$20 |



Especialidades

SPECIALTIES

CHILLO CAYO ESPECIAL / CAYO RED SNAPPER SPECIAL

Chillo acompañado de un rabo de langosta y mariscos mixtos
/ Red Snapper accompanied with a lobster tail and mixed seafood

\$75

*Precio puede
Variar*

TESOROS DEL MAR / SEA TREASURES

Medallones de langosta con camarones servidos en mofongo de yuca
/ Lobster medallions with shrimp served with seasoned mashed cassava mofongo

\$55

LANGOSTA EL CAYO / EL CAYO LOBSTER

Langosta rellena de mariscos mixtos
/ Lobster stuffed with mixed seafood

Por peso

*According
to weight*

EL CAYO MAR & TIERRA / EL CAYO LAND & SEA

Rabo de langosta combinado con churrasco
/ Lobster tail combined with Skirt Steak

\$65

CHILLO EL CAYO

/ EL CAYO RED SNAPPER
Chillo relleno de mariscos mixtos
/ Red Snapper stuffed with mixed seafood

\$65

*Precio puede
Variar*

TRÍO EL CAYO

/ EL CAYO TRIO
Combinación de churrasco, pechuga de pollo y camarones
/ Skirt Steak, chicken breast and shrimp combination

\$55

VOLCÁN EL CAYO

/ EL CAYO VOLCANO
Churrasco relleno de camarones en salsa de la casa
/ Skirt Steak stuffed with shrimp in our house sauce

\$50

PAELLA EL CAYO

/ EL CAYO PAELLA

\$60



Kids Menu

Comida Criolla CREOLE FOOD

Chuleta Kan Kan / Kan Kan pork chop	\$22
Carne Frita / Fried Pork Meat	\$18
Pechuga de Pollo Rellena / Stuffed Chicken Breast	\$24
Pechuga de Pollo Milanese / Chicken Milanese	\$20
Pechuga de Pollo Parrilla / Grilled Chicken Breast	\$18

Pastas

(penne en salsa Alfredo)
(penne in Alfredo sauce)

Pollo / Chicken	\$18
Camarones / Shrimp	\$24
Churrasco / Skirt Steak	\$35
Vegetales / Vegetables	\$14
Mar y tierra (churrasco y camarones)	\$45

Tiritas de pescado / Fish strips	\$9
Tiritas de pollo / Chicken strips	\$8
Pasta Pollo / Chicken pasta	\$10
Cayo Cheese Burger	\$9

Sides:

Arroz & Habichuelas, Batatas, Papas Fritas,
Tostones, Maduros.

Pastres

Flan de queso / Cheese custard
Flan de Vainilla / Vanilla Custard
Flan de Baileys
Bizcocho tres leches / Three milks cake
Bizcocho de chocolate
Bizcocho de zanahoria
Cheesecake
Caramel Cheesecake
Carrot Cheesecake
Guava Cheesecake
(Precios y disponibilidad de platos pueden variar)
(Prices and availability of dishes may vary)

Side Dishes

Arroz Blanco & habichuelas
/ White Rice and beans

Arroz Mamposteo
/ Yellow rice with beans

Tostones / Twice fried green plantain

Tostones de pana
/ Twice fried Breadfruit

Mofongo plátano
/ Seasoned green plantain

Mofongo Yuca / Seasoned Cassava

Amarillos / Fried yellow plantains

Batatas fritas / Fried Sweet Potatoes

Yuca frita / Fried Cassava

Risotto Parmesano & Setas
/ Parmesan Risotto and Mushrooms

Arepas / Flour fritters

Arepas de coco
/ Coconut flavored flour fritters

Majado de Viandas
/ Mashed root vegetables

Ensalada verde / Green salad

Vegetales Mixtos / Mix vegetable

Papas Fritas / French Fries

Caesar (Costo adicional)

¿Buscando dónde hacer tu

Actividad?

El Cayo Beach Club

Perfecto para

Bodas • Cumpleaños • Quinceañeros • Eventos corporativos



📞 Llámanos al: 787-903-2450 📧 events@elcayorestaurant.com

Visita el resto de nuestra familia

